

## EARLY Trials Common Elements: Eating Away from Home

1. Over the past 30 days, how many times did you buy food at a fast food restaurant, such as McDonald's, Burger King, Arby's, Wendy's, Hardee's, Captain D's, Taco Bell, Taco Johns, Chipotle, KFC, Bojangles', Pizza Hut, Panera, Quiznos (add any local fast food)?
  - Never or rarely
  - 1 time per month
  - 2-3 times per month
  - 1-2 times per week
  - 3-4 times per week
  - 5-6 times per week
  - 1 time per day
  - 2 times per day
  - 3 or more times per day
  
2. Not including the fast food restaurants listed above, in the past 30 days, how many times did you buy food at any other sit down (full service) restaurant and order from a waiter/waitress?
  - Never or rarely
  - 1 time per month
  - 2-3 times per month
  - 1-2 times per week
  - 3-4 times per week
  - 5-6 times per week
  - 1 time per day
  - 2 times per day
  - 3 or more times per day
  
3. Over the past 30 days, how many times did you buy food from an all-you-can-eat buffet, such as Golden Corral, CiCi's Pizza, Sweet tomatoes', Old Country Buffet, all-you-can-eat café at college or university dining halls, (add any local)?
  - Never or rarely
  - 1 time per month
  - 2-3 times per month
  - 1-2 times per week
  - 3-4 times per week
  - 5-6 times per week
  - 1 time per day
  - 2 times per day
  - 3 or more times per day

4. Over the *past week*, how many times did you eat the following meals that were prepared in your home or in the place where you live? (Fill in the number of days for each meal)

Breakfast \_\_\_\_\_ days per week

Lunch \_\_\_\_\_ days per week

Dinner \_\_\_\_\_ days per week